



# ReCap Meta-Network Conference

November 14-15, 2023  
Nordic Centre, Shanghai

## Thriving Together: Research Career Pathway Toward Academic Excellence

14–15 November 2023

Fudan Nordic Center  
Address: Fudan University, 220 Handan Lu, Shanghai 200433

&  
Hybrid

SPONSORS:



FINNISH NATIONAL  
AGENCY FOR EDUCATION



# DAY 1: 14<sup>th</sup> of November 2023

Address: Fudan University, 220 Handan Lu, Shanghai 200433

8.30 – 9.00	<b>Registration</b>	
9.00 – 9.10	Room 101 (1 <sup>st</sup> Floor), ZOOM link ( <a href="https://utu.zoom.us/j/67097377034">https://utu.zoom.us/j/67097377034</a> ) <b>Opening</b> – Professor Maritta Välimäki, University of Turku and University of Helsinki, Finland	
9.10 – 9.40	<b>Welcoming words</b> Mr Veli-Matti Palomäki, Nordic Center, Fudan University, China	
9.40 – 10.15	<b>Opening Keynote – Finding your Professional Identity and Joy as a Nurse Educator</b> , ZOOM link ( <a href="https://utu.zoom.us/j/69988291745">https://utu.zoom.us/j/69988291745</a> ) Emeritus Professor Mary Foley, RN, PhD, FAAN University of California, San Francisco (UCSF), School of Nursing, US	
10.30 – 11.00	<b>Morning refreshments (coffee/tee)</b>	
11.00 – 12.00	<b>ORAL PRESENTATIONS (15 minutes and 5 minutes Q&amp;A)</b>	
	Room 101 (1 <sup>st</sup> Floor), ZOOM link ( <a href="https://utu.zoom.us/j/61904598832">https://utu.zoom.us/j/61904598832</a> )  <b>SESSION A: Mentoring in academic career building</b>  <b>Chair:</b> Shuaifang Wei <b>Secretary:</b> Erika Jarva	Room 109 (1 <sup>st</sup> Floor), ZOOM link ( <a href="https://utu.zoom.us/j/63548572748">https://utu.zoom.us/j/63548572748</a> )  <b>SESSION B: Resources, opportunities, and challenges faced by young researchers in developing academic excellence</b> <b>Chair:</b> Sanna Törnroos <b>Secretary:</b> Xia Wei
11.00 – 11.20	<b>A1. Embracing growth mindset: advantages for doctoral students and researchers in academic environments</b> <b>Maija Satamo, University of Turku</b>	<b>B1. Supporting young researchers in writing successful grant applications</b> <b>Johanna Nyman, University of Turku</b>
11.20 – 11.40	<b>A2. A case comparison of cross-cultural mentorship perceived by a Chinese nursing mentee</b> <b>Lei Cheng, Fudan University</b>	<b>B2. The Value of Multiscientific Research Experiences after your PhD degree</b> <b>Riikka Ikonen, Tampere University</b>
11.40 – 12.00	<b>A3. The Growth of Professional Values in a Nursing Context- a Grounded Theory</b> <b>Jialin Li, China Medical University</b>	<b>B3. Barriers to Nurse Faculty Careers for PhD Nursing Students</b> <b>Chang Gao, Xi'an Jiaotong University</b>
12.00 – 14.00	<b>Lunch</b>	
14.00 – 15.00	<b>ORAL PRESENTATIONS (15 minutes and 5 minutes Q&amp;A)</b>	
	Room 101 (1 <sup>st</sup> Floor), ZOOM link ( <a href="https://utu.zoom.us/j/66440021136">https://utu.zoom.us/j/66440021136</a> )  <b>SESSION C: Innovative methods and contents in education</b> <b>Chair:</b> Jialin Li <b>Secretary:</b> Malin Andfolk	Room 109 (1 <sup>st</sup> Floor), ZOOM link ( <a href="https://utu.zoom.us/j/68133568542">https://utu.zoom.us/j/68133568542</a> )  <b>SESSION D: Experience and professional development of nursing students</b> <b>Chair:</b> Heidi Siira <b>Secretary:</b> Yuwen Liu
14.00 – 14.20	<b>C1. Education Innovation: Discipline Integration in Nursing Teaching</b> <b>Jinlin Ye, Central South University</b>	<b>D1. Online Health Information Behavior of Nursing College Students: A Qualitative Study</b> <b>Changyu Song, China Medical University</b>
14.20 – 14.40	<b>C2. The implication of 4-stage MOAR model in nursing education and future research</b>	<b>D2. Cancelled</b> <b>D3. Doctorally prepared radiographers: review of literature</b> <b>Sanna Törnroos, University of Turku</b>

SPONSORS:



FINNISH NATIONAL  
AGENCY FOR EDUCATION



	<b>Joyce Lam, University of Turku</b>	
14.40 – 15.00	<b>C3. Interprofessional patient safety courses for nursing students: a review of the literature</b> <b>Fei Wang, Peking Union Medical College</b>	
<b>15.00 – 15.30</b>	<b>Refreshments (coffee/tee)</b>	
<b>15.30 – 16.15</b>	<b>Lightning talks (10 minutes and 5 minutes Q&amp;A)</b>	
	<b>Room 101 (1<sup>st</sup> Floor), ZOOM link</b> <a href="https://utu.zoom.us/j/65499781309">https://utu.zoom.us/j/65499781309</a>  <b>SESSION E: Local initiatives and alternative pathways for academic career building</b>  <b>Chair:</b> Johanna Nyman <b>Secretary:</b> Ye Jinlin	<b>Room 109 (1<sup>st</sup> Floor), ZOOM link, ZOOM link</b> <a href="https://utu.zoom.us/j/68438973491">https://utu.zoom.us/j/68438973491</a>  <b>SESSION F: Practical examples of education and research collaboration in building academic success</b>  <b>Chair:</b> Lei Cheng <b>Secretary:</b> Krista Hylkilä
15.30 – 15.45	<b>E1. An example of a clinical nursing career model in Finland</b> <b>Mia Niskanen, Wellbeing Services County of Central Finland, Hospital Nova</b>	<b>F1. Collaboration on the development of Advanced Practice Nursing education between Southern Africa and Finland</b> <b>Maria Björkmark, Åbo Akademi University</b>
15.45 – 16.00	<b>E2. Academic journey and international research collaboration: Building teams, benefits and challenges</b> <b>Mina Azimirad, University of Eastern Finland</b>	<b>F2. An example of collaboration between research and clinical practice – what worked and what didn't?</b> <b>Laura Sandström, Tampere University</b>
16.00 – 16.15	<b>E3. An alternative pathway to building a career in the international research environment</b> <b>Erika Jarva, University of Oulu</b>	<b>F3. Connecting Academic Researchers Worldwide: Insights from an International Survey on the Global Impacts of COVID-19</b> <b>Professor Daniel Fong, The University of Hong Kong</b>
<b>16.15 – 17.20</b>	<b>Room 101 (1<sup>st</sup> Floor), ZOOM link</b> ( <a href="https://utu.zoom.us/j/64363900543">https://utu.zoom.us/j/64363900543</a> ) <b>Keynote – Career pathway for nursing academics</b> Professor Marja Kaunonen, Tampere University, Finland	
<b>17.20 – 17.30</b>	<b>Summary of the first Conference day and practical arrangements</b> <b>Professor Maritta Välimäki</b>	
<b>19.00 – 21.00</b>	<b>Conference Dinner</b>	

SPONSORS:



FINNISH NATIONAL  
AGENCY FOR EDUCATION



# DAY 2: 15<sup>th</sup> of November 2023

Address: Fudan University, 220 Handan Lu, Shanghai 200433

8.30 – 9.00	Registration	
9.00 – 9.15	Room 101 (1 <sup>st</sup> Floor), ZOOM link ( <a href="https://utu.zoom.us/j/66617503984">https://utu.zoom.us/j/66617503984</a> ) Opening the day 2– Sanna Törnroos, University of Turku and Heidi Siira, University of Oulu	
9.15 – 9.45	Keynote – Opportunities & challenges in research career path for healthcare graduates Dr. Christina Athanasopoulou, University of West Attica, Greece	
10.00 – 11.00	ORAL PRESENTATIONS (15 minutes and 5 minutes Q&A)	
	Room 101 (1 <sup>st</sup> Floor), ZOOM link ( <a href="https://utu.zoom.us/j/63142279911">https://utu.zoom.us/j/63142279911</a> )  SESSION G: <i>Collaboration with clinical practice (A)</i> Chair: Laura Sandström Secretary: Joyce Lam	Room 109 (1 <sup>st</sup> Floor), ZOOM link ( <a href="https://utu.zoom.us/j/69445128136">https://utu.zoom.us/j/69445128136</a> )  SESSION H: <i>Collaboration with clinical practice (B)</i> Chair: Naomi Takemura Secretary: Maria Björkmark
10.00 – 10.20	G1. <i>The association between self-efficacy and self-management behaviors among individuals at high risk for stroke: social support acting as a mediator</i> Qinqin Liu, Peking University	H1. <i>Academia and clinical practice in collaboration in the field of eye health care</i> Heidi Siira, University of Oulu
10.20 – 10.40	G2. <i>The coping process of Chinese clinical nurses during the COVID-19 pandemic: a constructivist grounded approach</i> Yunting Luo, Sichuan University	H2. <i>Interventions to improve social network in older people with sensory impairment: A systematic review</i> Li Kuang, Peking Union Medical College
10.40 – 11.00	G3. <i>Toward evidence-based leadership skills in solving leadership problems</i> Merja Virtanen, City of Helsinki, Health Care and Rescue Services Division	H3. <i>The development of an evidence-based science work for older people with cognitive frailty</i> Shuaifang Wei, Peking Union Medical College
11.00 – 11.30	Coffee break	
11.30 – 12.30	POSTER SESSION: Poster presentations orally (5 minutes + 5 minutes for questions)	
	Room 101 (1 <sup>st</sup> Floor), ZOOM link ( <a href="https://utu.zoom.us/j/69698565956">https://utu.zoom.us/j/69698565956</a> )  SESSION I: <i>The value of clinical research for academic career development</i> Chair: Riikka Ikonen Secretary: Long Qing	Room 109 (1 <sup>st</sup> Floor), ZOOM link ( <a href="https://utu.zoom.us/j/63626483305">https://utu.zoom.us/j/63626483305</a> )  SESSION J: <i>Broadening the boundaries of nursing research to improve health outcomes</i> Chair: Gao Chang Secretary: Qinqin Liu
11.30 – 11.40	I1 <i>Elevating Healthcare Quality: Emphasizing Competencies in a Landscape of Established Knowledge, Technologies, and Operations</i> Fatma Al Jabri, University of Eastern Finland	J1 Cancelled J2 <i>The association between self-perception of aging and cognitive function in Chinese older adults: the mediation effect of health behaviors</i> Mingyue Zhu, Peking Union Medical College
11.40 - 11.50	I2 <i>A systematic review of the measurement tools for nurses' career resilience</i> Yajing Xian, Central South University	J3. <i>Application and effects of dance program in cardiac rehabilitation: a systematic review</i> Yuwen Liu, Peking Union Medical College
11.50 – 12.00	I3 <i>Critical thinking and scientific research capability of postgraduate nurse in the clinical setting</i>	J4. <i>Effects of Tai Chi versus Aerobic Exercise on Sleep Disturbances in Patients with Advanced</i>

SPONSORS:



FINNISH NATIONAL  
AGENCY FOR EDUCATION



	<b>Bo Xin, Xi'an Jiaotong University</b>	<i>Lung Cancer: A Three-Arm Randomized Controlled Trial</i> <b>Naomi Takemura, The University of Hong Kong</b>
12.00 – 12.10	<b>I4</b> <i>The Development and Psychometric Evaluation of a Nursing Professional Resilience Scale</i> <b>Yajing Xian, Central South University</b>	<b>J5</b> <i>Psychological and Physiological Experiences of Youth Watching Mukbang in China: A Qualitative Study</i> <b>Wei Xia, Sun Yat-Sen University</b>
12.10 - 12.20	<b>I5</b> <i>Correlation between professional identity and decent work perception among intern nursing students</i> <b>Yixin Luo, Sun Yat-Sen University</b>	<b>J6</b> <i>Short-term multi-modal prehabilitation intervention in patients undergoing limited operation for gastrointestinal cancer: a randomized controlled clinical trial</i> <b>Rui Tai, Shanghai General Hospital</b>
12.20 - 12.30	<b>I6</b> <i>Exploring Health Information Exchange: Addressing Challenges and Embracing Opportunities for Nursing Students in Care Coordination and Patient Safety</i> <b>Changyu Song, China Medical University</b>	
<b>12.30 – 14.30</b>	<b>Lunch</b>	
<b>14.30 – 15.30</b>	<b>ORAL PRESENTATIONS (15 minutes and 5 minutes Q&amp;A)</b>	
<b>14.30 – 15.30</b>	<b>Room 101 (1<sup>st</sup> Floor), ZOOM link</b> <a href="https://utu.zoom.us/j/68122770802">https://utu.zoom.us/j/68122770802</a>  <b>SESSION K: Research evidence for the benefit of patients</b> <b>Chair:</b> Changyu Song <b>Secretary:</b> Bo Xin	<b>Room 109 (1<sup>st</sup> Floor), ZOOM link</b> <a href="https://utu.zoom.us/j/68417201003">https://utu.zoom.us/j/68417201003</a>  <b>SESSION L: Welfare technology for the future</b> <b>Chair:</b> Liu Ying <b>Secretary:</b> Luo Yixin
14.30 – 14.50	<b>K1.</b> <i>Effects of interventions for enhancing resilience in cancer patients: A systematic review and network meta-analysis</i> <b>Xiaotong Ding, Peking Union Medical College</b>	<b>L1.</b> <i>Enhancing Older Persons' Mental and Physical Health: Participatory Design of a Humanoid Robot-Led Exercise Program</i> <b>Malin Andtfolk, Åbo Akademi University</b>
14.50 – 15.10	<b>K2.</b> <i>Knowledge transfer into practice: collaboration between researchers and clinical nursing practice</i>  <b>Shuang Hu, Central South University</b>	<b>L2.</b> <i>Effects of cognitive-motor dual-task training based on mobile health technology on the elderly with cognitive frailty in the community: A quasi-experiment study</i> <b>Jiajun Xue, Peking Union Medical College</b>
15.10 – 15.30	<b>K3.</b> <i>Popularizing research for the society</i>  <b>Krista Hylkilä, University of Oulu</b>	<b>L3.</b> <i>Sensor technologies resources in mental health monitoring for university students</i> <b>Qing Long, Central South University</b>
<b>15.45 – 16.15</b>	<b>Room 101 (1<sup>st</sup> Floor), ZOOM link</b> ( <a href="https://utu.zoom.us/j/62807917926">https://utu.zoom.us/j/62807917926</a> ) <b>Keynote – Future visions: Thriving for a bright career pathway</b> Professor Xianhong Li, Central South University, China	
<b>16.15 – 17.00</b>	<b>Conference presentation awards</b> <b>Future steps</b> <b>Closing the Conference</b>	

SPONSORS:



FINNISH NATIONAL  
AGENCY FOR EDUCATION

