

Empowering Patient Education 15th Anniversary Symposium

Wednesday 13 December 2023

Presentation sessions

10:30-12:00	Presentation session: INNOVATIONS Venue: Haartman Auditorium
	Moderator: Doctoral Researcher Saija Inkeroinen
10:35-10:45	Heli Arffman: Empowering patient education among patients with cancer – Developing an instrument measuring expectations of psychosocial support
10:45-10:55	Jenna Poraharju: The Social Determinants of Health (SDOH) in empowering patient education intervention studies
10:55-11:05	Leena Tuominen: Development of empowering patient education intervention
11:05-11:15	Pedro Cartaxo Cintra: Opening the Doors of Simulation Centres for Patients: A promising therapeutic education strategy
11:15-12:00	Poster presentations Anna Farrús Torrella: Effectiveness of an infertility intervention for the preparation and follow-up of patients undergoing cardiovascular surgery. Design and evaluation of an infertility training programme for the preparation and follow-up of patients undergoing cardiovascular surgery Mònica Serrano Clerencia: Empowering Health through lifestyle changes: A Coaching Program for Secondary Stroke Prevention Andrea Viguera Matellán: A tailored mobile application to empower knee replacement patients at hospital discharge Selja Riikonen: Empowering intervention for workers with indoor air related health problems Carla Camí: Taking care to be able to care: Multicentre intervention for the emotional well-being of Nursing Degree students in Catalonia
10:30-12:00	Presentation session: CHILDREN, YOUTH AND THEIR FAMILIES Venue: Room F102
	Moderator: Docent Heli Virtanen
10:35-10:45	Julia Kaissalo: A child's right to information about his or her care - A descriptive literature review
10:45-10:55	Katja Joronen: YouTubers as Peer Mental Health Educators in Adolescent's social environments – TUBEDU project
10:55-11:05	Saila Laitinen: Service guidance for immigrants in maternity and child health clinic services
11:05-12:00	Poster presentations Eliisa Roine: What are the meanings of empowering encounter by perspective of patients in healthcounseling Luboslava Pavelová: Instruments for measuring caregiver role strain as a background for empowering education Dana Kaltra, Giordano Giulia, Grimaldi Samantha: The effectiveness of technology-based empowering intervention within different age groups affected by cancer related fatigue Kirsi Kivistö-Rahnasto: Empowering parents of diabetes type1 child Georgina Feixas: A training online healthcare programme for women with endometriosis to support empowerment

14:15- Presentation session: NEEDS, PRIORITIES AND COMPETENCE

15:30 Venue: Haartman Auditorium

Moderators: Doctoral researcher Carla Camí and doctoral researcher Saija Inkeroinen

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| 14:20-14:30 | Oksana Misiuniene: The need for patient health education in the emergency department |
| 14:30-14:40 | Saija Inkeroinen: International priorities concerning patient education: An analysis of health strategies |
| 14:40-14:50 | Taina Heinonen: Nurse's competence in empowering education of patients with sleep apnea |
| 14:50-15:30 | Poster presentations |
| | Jenna Poraharju: Social determinants of health (SDOH) in empowering patient education intervention studies |
| | Marta Bassas: Effectiveness of the implementation of the advanced practice nurse in the health outcomes of patients undergoing knee arthroplasty through a quasi-experimental study with a control |
| | Andrea Solgajová: Diagnostics in Empowering Patient Education Approach in Hypertension Management |
| | Alba Monzó Illán: Empowering people with dementia |
| | Terhi Haapala: How patient education skills can be improved in the day surgery unit: Nurses' perceptions |

14:15- Presentation session: PATIENT COMMUNICATION AND PARTICIPATION

15:30 Venue: Room F102

Moderator: Docent Heli Virtanen

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| 14:20-14:30 | Anndra Parviainen: Understanding communication between patients and healthcare professionals regarding comprehensive biomarker testing in precision oncology: A scoping review |
| 14:30-14:40 | Blanca Goni-Fuste: Participation, empowerment and activation of older adults for the improvement of their quality of life through their fellow citizens |
| 14:40-14:50 | Camilla Mattjus: Enchancing COVID-19 Client Empowerment through Digital tools: A qualitative study of patients' experiences of home isolation |
| 14:50-15:00 | Harry Köhler: The Healing Communication project |
| 15:00-15:30 | Poster presentations |
| | Anna Bastidas Salvadó: Empowering patient education towards shared decision-making in mental health |
| | Julia Matthildur Brynjolfsdottir: Implementation of empowerment patient education teaching methods in psychiatric nursing. Focus on mental disorder depression and chronic pain |
| | Gemma Iserite: Empowerment of Advanced Hepatocellular Carcinoma Patients in Treatment with Atezolizumab Plus Bevacizumab using the Teach-Back Method |
| | Martina Pérez-Guasch: Patient-centered care in cirrhosis: Introducing a nurse-led empowerment intervention |