

## P.E. 1-6

1st and 2nd grade	3rd and 4th grade	5th and 6th grade
<p><b>verbs:</b> walk, run, jump, skip, hop, kick, spin, stop, hit, turn, speed up, slow down, stretch, roll, throw, catch, bounce, skate, ski, downhill ski, swim, dive, play, pass (the ball), line up, make a circle, lie</p>	<p><b>verbs:</b> dance, play football/basketball/ice-hockey/ringette/badminton, pass, cycle, win, lose, make a circle, make a queue</p>	<p><b>verbs:</b> warm up, stretch</p>
<p><b>terms:</b> line, row, circle, position, leap, somersault, cartwheel, goal, point, hit, score, skiing, skating, dancing, swimming, rule</p>	<p><b>terms:</b> vault, relay, competition, fair play, game, team, orienteering, map, points of compass, balance, bat, baseball glove</p>	<p><b>terms:</b> volleyball, basketball, Finnish baseball, floorball, gymnastics, track and field, athletics, long jump, high jump, shot put, javelin throw, stretching</p>
<p><b>equipment:</b> ball, skipping rope, ring, high bar, mat, floor, wall bars, cone, hoop, mat, skates, skis, helmet, bench, swimming suit, towel</p>	<p><b>equipment:</b> football, basketball, racket, compass, vaulting horse, high bar, frisbee, hockey stick, puck, vaulting box, arch mat</p>	<p><b>equipment:</b> javelin, bowl/shot, volley net</p>
<p><b>manner:</b> in pairs, as a team, together, on your own, alone, as a group, in a row, forward, backward, rolling, on tip-toe, back and forth, in stations, from point to point, on your back/tummy/side</p>		